96-Hour Emergency Kit

The 96-Hour Emergency Kit should be individually tailored to meet the basic survival needs of your family for four days. Most families prefer to store their emergency supplies in one location that is relatively safe, yet easily accessible if evacuation is required. Items may be stored in a 32-gallon trash-can, suitcase, duffel bag, footlocker, or backpack.

Emergency Needs:

Emergency Preparedness Instruction Manual
First Aid Kit
Sleeping Bags & Blankets (Space Blankets)
Extra Eye Glasses/Contacts
Extra Clothing (including socks)
Money (cash)

Food & Water:

Non-Perishable Food (enough for 4 days)
Suggested: Ready-to-eat goods in water tight container, canned meats, juice, fruits & vegetables, powdered milk, infant care foods, crackers, peanut butter, freeze-dried & dehydrated goods, MRE's, fuel energy bars, granola, flavored water packages
Spice container (Salt, pepper, oregano, etc…)
Can-Opener
Camping plate, cup, and utensils
Folded Aluminum Foil
Water Storage (1 gallon/person/day)
Water Purification/Filtration
Water Bottle

Tools & Information:

Utility Knife/Multi-tool
Flashlight (Crank or Pack Extra Batteries)
Emergency Candles
Pens & Paper (including permanent markers)
Copies of important documents (insurance, marriage certificate, mortgage, automobile ownership, driver's license, birth certificate, etc…)
Battery/Crank Weather Radio
List of important addresses/phone numbers
Work Gloves
Tool Kit
Signal Mirror
Whistle
Chemical Light Sticks
Bandana
Rain Poncho
Parachute cord/Rope
Duct Tape
Razor Blades
Waterproof/Windproof Matches
Lighter
Flint Steel
Tarp

Sanitation

5/6 gallon bucket
Port-a-Potty lid
Port-a-Potty bags
Port-a-Potty chemicals
Latex-Free Gloves
3M N95 Particulate Respirator
Toilet Paper Rolls
Toothbrushes, paste, and floss
Facial tissue packs
Combs & Razors
Soap
Waterless Sanitizer
Wet Wipes
Deodorant
Feminine Hygiene
Chap Stick
Nail Clippers
Lotion

First Aid:

Pain Relievers
Rubbing Alcohol
Alcohol Swabs
Cotton Balls/Swabs
Anti-bacterial Ointment
Anti-itch cream
Roller Gauze and Pads
Triangular Bandage
Elastic Bandage
Safety Pins
Scissors
Laxatives & Anti-Diarrheal
Allergy medication
Thermometer
Medical Adhesive Tape
Tweezers
Splints
Heavy String
Adhesive Bandages
Super Glue
Moleskin
Dental temporary crown paste
CPR Mask
Latex & Non-Latex Gloves

Other Items to Consider

Stress Reducers: Games, puzzles, books, magazines, & crafts
Travel size sewing kit
Zip ties
USB/Hard drive with important photos/documents
Special medications
Pet 96-Hour Kit/First Aid
Chemical hand warmers